

## GENERAL INFORMATION

**Please note PET3 was previously called PET2 (days 3&4). If you have attended PET2 (days 3&4), there is no need to attend PET3. We recommend re-attending PET2 and PET3 approximately every 5-years.**

You must attend PET2 before attending PET3.

PET3 concentrates on epilepsies presenting in mid childhood, older children and adolescents. It follows the format of PET2, with an emphasis on interactive sessions including workshops, debates, video and other quizzes and to really excite you we will be getting our actors out for another session of roleplay. If you haven't ever met a truculent teenager and petulant parent, we can guarantee you will see one or two during that session!

## OBJECTIVES:

- To understand reflex seizures and photosensitivity
- To consider common and relevant diagnostic issues regarding episodes with headache and/or visual symptoms
- To consider common and relevant diagnostic issues regarding nocturnal episodes
- To consider presentations and differentials of episodes presenting as altered behaviour
- To appreciate the variety and limitations of the available evidence for making an informed choice of anticonvulsant
- To consider evidence base and treatment options applied to 'real life' scenarios
- To explore different therapies which help children with 'drug resistant epilepsy'
- To improve our knowledge of regulation, risks and reasonable precaution
- To discuss case studies in which epilepsy presents later in childhood and adolescence
- To consider the risk of death and AEDs in pregnancy
- To reflect on a range of strategies regarding risk communication
- To discuss the importance of recognising common associated conditions in children with epilepsies
- To consider effective communication strategies with young people and their families about their epilepsy and related issues
- To explore the role of the clinician and specialist nurse in promoting independence of the young person
- To be able to discuss risks and benefits of AED withdrawal

<b>Mapping of BPNA PET courses to General Paediatric Competencies</b>				
Based on Curriculum for Paediatric Training, General Paediatrics, Level 1, 2 and 3 Training, Sept 2010. RCPCH. Produced 2011				
<b>General Competences</b>	Level 1 (ST1-3)	Level 2 (ST4-5)	Level 3 (ST6-8)	
Have the knowledge and skills to be able to initiate management of children with neurological and neurodisabling conditions in acute settings and know when and whom to call for help	x			<b>PET 1</b>
Understand the life-threatening nature of acute neurological deterioration and when to call for help	x			<b>PET 1</b>
Be able to recognise, initiate diagnostic tests and outline the management of common disorders	x			<b>PET 1</b>
Understand the principles and use of neuro-radiological imaging	x			<b>PET 1</b>
Have a basic understanding and experience of neuro-physiological tests	x			<b>PET 1</b>
Understand the principles of prescribing and monitoring therapy	x			<b>PET 1</b> <b>PET 2</b>
<b>Seizures</b>				
Know the common causes of seizures in newborn babies and children	x			<b>PET 1</b>
Be aware of common epileptic syndromes	x			<b>PET 1</b>
Understand the principles of initial and continuing anticonvulsant therapy in babies and children	x			<b>PET 1</b>
Begin to understand the links between epilepsy and behaviour problems	x			<b>PET 1</b>
Understand the place and principles of the EEG and neuro-imaging in investigation	x			<b>PET 1</b> <b>PET 2</b>
Know about the long term implications of epilepsy	x			<b>PET 1</b> <b>PET 2</b>
Know about common epileptic syndromes		x		<b>PET 1</b> <b>PET 2</b>
Understand the links between epilepsy and behaviour problems		x		<b>PET 2</b>
Know about the long term implications of epilepsy, including different epilepsy syndromes and the risk of learning difficulties, accident or sudden death		x		<b>PET 2</b>
Be able to initiate treatment for acute continuing seizures	x			<b>PET 1</b>
Be able to form a differential diagnosis	x			<b>PET 1</b> <b>PET 2</b>
Work effectively with the multidisciplinary team	x			<b>PET 1</b> <b>PET 2</b>
Be able to refer to intensive care teams appropriately and maintain patient safety until that team takes over		x		
Be able to decide initial and continuing anticonvulsant therapy in babies and children		x		<b>PET 2</b>
Be able to advise parents about education and safety		x		<b>PET 1</b>
<b>Faints and Funny turns</b>				
Be able to form a differential diagnosis for faints and 'funny turns'	x			<b>PET 1</b>
Understand the investigations that may differentiate between these causes	x			<b>PET 1</b>
Be able to initiate the investigations that may differentiate between these causes		x		<b>PET 1</b> <b>PET 2</b>
Be able to make a likely diagnosis	x			<b>PET 1</b> <b>PET 2</b>
Be able to explain likely diagnoses to parents	x			<b>PET 1</b> <b>PET 2</b>

Paediatric Epilepsy Training (Level 3) PET 3 Programme		
Day 1		Format
9.00 – 9.30	Registration	
9.30 – 9.35	Welcome and introductions	
9.35 – 10.30	Reflex epilepsies	Lecture
10.30 – 11.10	Headaches and visual episodes	Workshop
11.10 – 11.30	Tea & coffee break	
11.30 – 12.15	Episodes at night	Workshop
12.15 – 13.00	Episodes with altered behaviour	Workshop
13.00 – 14.00	Lunch	
14.00 – 14.45	Choosing drug treatments	Lecture
14.45 – 15.45	Choosing drug treatment in practice	Lecture
15.45 – 16.00	Tea & coffee break	
16.00 – 17.00	Other therapies	Lecture
17.00	Close	
Day 2		
9.00 – 9.30	Tea & coffee	
9.30 – 10.30	The 3Rs quiz!	Lecture
10.30 – 11.30	Epilepsy syndromes of later childhood and adolescence	Workshop
11.30 – 11.50	Tea & coffee break	
11.50 – 12.30	Talking risks?	Lecture
12.30 – 13.15	Approaching co-morbidities	Workshop
13.15 – 14.00	Lunch	
14.00 – 14.50	Teenagers (roleplay)	Workshop
14.50 – 15.40	Teenagers and transition	Workshop
15.40 – 16.30	When and how to stop AED therapy	Lecture
16.30	Finish	



Bristol, 9-10 March 2016

#### **COURSE VENUE**

The course is being held at the Bristol Marriott Royal Hotel, College Green, Bristol BS1 5TA. The hotel has free on-site parking, but places are limited. Bristol Temple Meads is the nearest train station approximately 10 minutes away by taxi.

#### **ACCOMMODATION**

Accommodation is available at the Bristol Marriott Royal Hotel at GBP 113.00 per night on a single occupancy, bed and breakfast basis.

#### **COSTS**

Course only – GBP 375.00

Course dinner on Wednesday 9 March 2016 – GBP 35.00

Accommodation – GBP 113.00 B&B per night at the Bristol Marriott Royal Hotel on Tuesday 8 March and Wednesday 9 March 2016. Please select the nights you require when booking a place online. Registration will be at 9.00am on Wednesday 9 March and the course will begin at 9.30am.

#### **BOOKING**

Please note that all our bookings are now online. Please see our website at: <http://www.bpna.org.uk/bpna-courses/index.php>. Select the 'More Info/Book online' button for this course on the right of the screen. You will find all the relevant course information here. To book a place, click on the 'BOOK NOW' button on the right-hand side.

#### **PAYMENT**

You can pay by credit/debit card (which secures your place immediately) or if your Trust is paying, you can request an invoice, **but you must provide a purchase order number and contact details of the person who will be paying the invoice.** Please contact your Finance Department or Manager to obtain for this. **Please note that places are not confirmed until a manual invoice has been raised by us.** We will raise an invoice in the next 2 working days and an email will be automatically sent to confirm your place. You can view your confirmed bookings and download the pre course materials and joining instructions by logging in to your account at: <http://www.bpna.org.uk/>

#### **CANCELLATION**

We understand that occasionally people need to cancel their course bookings at short notice. The BPNA is a not for profit organisation and will endeavour to refund fees whenever possible. However, this is not always possible at short notice and the following terms will apply:

UP TO ONE MONTH BEFORE THE COURSE - we will refund all fees paid, less a GBP 25 administration fee - if you transfer to a different course, we will transfer the full fees, less a GBP 25 administration fee.

LESS THAN ONE MONTH BEFORE THE COURSE - we cannot refund your course fee, unless we fill your place on the course - we cannot refund accommodation cancelled less than 2-weeks before the course - we cannot refund your course dinner cancelled less than 2-days before the course.

#### **FURTHER INFORMATION**

If you have any queries, please contact the Short Course Co-ordinator, Natalie Crompton, by email at [natalie.crompton@bpna.org.uk](mailto:natalie.crompton@bpna.org.uk) or telephone on 01204 526002.